

# LONG BEACH FRESH'S QUICK GUIDE TO GROWING IN LB

## grow anywhere

### IN YOUR NEIGHBORHOOD

Join a community garden!

Start gardens in your:

Park | School | Church | Non-profit | Apartments

### AT HOME

Pots and containers

Brick Spiral Garden

In water jars

Build raised beds

Plant direct in soil

Tower gardens

Small-scale Aquaponics



## grow anything

Lots of foods grow easily in Long Beach's rare Mediterranean climate!

CULINARY HERBS  
SQUASH  
TOMATOES  
LEAFY GREENS  
PEPPERS

### GROW SMART

Lock in moisture: Use free city mulch or straw

Safe soil: Get ground soil tested and know the history of the property, and use organic compost

Save water by using rain barrels, drip irrigation.

Attract beneficial insects like pollinators and predators

### SHARE BOUNTY

Produce exchanges

Cooking collectives

Donate to charity

Sell as a Community Food Producer

Preserve and sell as a Cottage Food Operator



More info at [lbfresh.org](http://lbfresh.org)  
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